



## Snack Menu

Please see below our 4 weekly snack planners from November – April half term 2025 . This snack menu is subject to change if we are having a culture themed week or celebrations. Weekly menu plans can be found on the parent's desk when signing in/out your child. All dietary requirements are met and can be found on the club parent board.

**A reminder to parents, this is a snack menu, children will require dinner.**

| <b>Week 1</b>    | <b>4<sup>th</sup> Nov / 25<sup>th</sup> Nov / 16<sup>th</sup> Dec / 6<sup>th</sup> Jan / 27<sup>th</sup> Jan / 24<sup>th</sup> Feb / 31<sup>st</sup> March</b> |
|------------------|--|
| <b>Monday</b>    | Tomato <b>Vg.1</b> Chicken Soup <b>1&amp;7</b> Garlic Bread <b>Vg.1</b> Olives and Dried Mango   |
| <b>Tuesday</b>   | Chicken Sausages <b>1&amp;3</b> Baked Beans <b>V</b> Tin Peaches & Sugar Snap Peas   |
| <b>Wednesday</b> | Crumpets <b>V.1</b> Grated Cheese <b>Vg.7</b> Pears & Cucumber   |
| <b>Thursday</b>  | Pizza <b>Vg.1&amp;7</b> Mixed Salad & Winter Squash  |
| <b>Friday</b>    | Chicken Noodles <b>Vg.1</b> Carrots & Apples   |

| <b>Week 2</b>    | <b>11<sup>th</sup> Nov / 2<sup>nd</sup> Dec / 13<sup>th</sup> Jan / 3<sup>rd</sup> Feb / 3<sup>rd</sup> March/ 17<sup>th</sup> March</b> |
|------------------|--|
| <b>Monday</b>    | Toast <b>V.1</b> Cheese <b>Vg.7</b> Ham Pears & Sugar Snap Peas  |
| <b>Tuesday</b>   | Fish fingers <b>1&amp;8</b> Baked Beans <b>V</b> Cucumber & Raisins  |
| <b>Wednesday</b> | Chicken Hot Dogs & Buns <b>Vg.1&amp;3</b> Ketchup Fruit Cocktail & Peppers   |
| <b>Thursday</b>  | Pitta Pockets <b>V.1</b> Ham or Chicken slices Carrots & Dried Mango   |
| <b>Friday</b>    | Muffins <b>V.1</b> Mixed Salad & Clementines   |

| <b>Week 3</b>    | <b>18<sup>th</sup> Nov / 9<sup>th</sup> Dec / 20<sup>th</sup> Jan / 10<sup>th</sup> Feb / 10<sup>th</sup> March / 24<sup>th</sup> March</b> |
|------------------|---|
| <b>Monday</b>    | Pasta in Tomato Sauce <b>V.1</b> Grated Cheese <b>Vg.7</b> Apples & Tomatoes  |
| <b>Tuesday</b>   | Chicken Burgers <b>1</b> Mayonnaise <b>Vg.9</b> Bananas & Olives  |
| <b>Wednesday</b> | Beans on Toast <b>V.1</b> Grated Cheese <b>Vg.7</b> Peppers & Kiwi  |
| <b>Thursday</b>  | Nuggets <b>1</b> & Spaghetti Hoops <b>1</b> Cucumber & Grapes   |
| <b>Friday</b>    | Toasted Cheese Wraps <b>Vg.1&amp;7</b> Sweetcorn & Plums  |

| <b>Allergens</b> |
|------------------|
| 1.Wheat Gluten   |
| 2. Crustaceans   |
| 3.Soybeans       |
| 4.Mustard        |
| 5.Sesame         |
| 6.Sulphites      |
| 7.Milk           |
| 8.Fish           |
| 9.Egg            |
| 10.Peanuts       |
| 11.Molluscs      |
| 12.Celery        |
| 13. Nuts         |
| 14.Lupins        |
| 15. Oat Gluten   |
| 16.Barley Glut   |

**Fussy eater?** – Do not worry, we will not be putting children into the stockades. We encourage children to try new foods and I do try my best to ensure fussy eaters have other foods available. For example, pasta and pasta sauces are cooked separately.

### Allergen information:

Food allergen information can be found on the side. Providing families have recorded or reported their child's allergen, the team will have this record of children's allergies and requirements inside the Superkids kitchen 'locked cupboard'. We always include a 'free from' alternative for those who suffer from food allergies.

### Other Information:

This club's food is sourced and delivered by Tesco's. When foods are not available or we receive unsuitable substitutions, we shall source foods from Aldi, Asda or Sainsburys. Our food policy will stay in line with the school's policy. Superkids follow the standards from environmental health England. The club currently has a 5 star rating from the last inspection.

**Superkids Snack Planner, Issue 1. Children's Review date: 21<sup>st</sup> November**